

How to Make a String of Sacrifice Beads

1. Gather needed items: 10 beads, a piece of string, a crucifix, a religious medal, and a pair of scissors. (A toothpick may be helpful if you have any trouble threading your string through your beads, crucifix, or medal.)



2. Thread one end of your string through your medal, advance the medal to the center point of your string, and tie the medal in place with one knot.



3. Take first bead and thread one end of your string through the bead, then



4. Thread the other end of your string through the same bead, from the opposite direction.



5. Pull on both ends of your string to advance the first bead so that it is positioned right next to the medal.



6. Take second bead, and thread both ends of your string through it, just as you did the first bead. (If string ends become frayed, making it difficult to thread your beads, just trim end of string with scissors slightly to give you a clean, crisp string end again.)

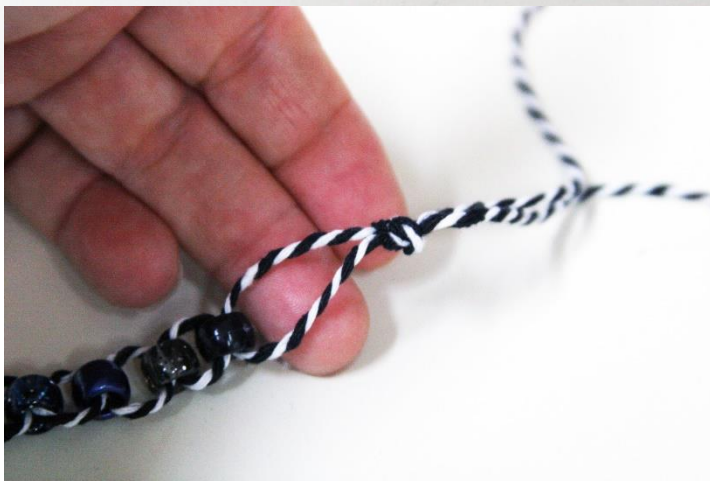


7. Pull on both ends of string to advance second bead toward the medal, until second bead is positioned right next to first bead.



8. Take third bead, and repeat the same threading process. Continue threading the rest of beads in same manner.

9. When all ten beads have been threaded onto your string and have been advanced toward the medal, then tie off string with one knot, securing the knot about 2 finger-widths away from the last (10th) bead.



10. Thread one end of string through the crucifix.



11. Advance the crucifix to be right next to the knot, and then tie the crucifix in place securely with a double knot. Then cut excess string with scissors, fine trimming to make a neat final knot.



Your Sacrifice Beads are now ready for you to carry in your pocket or purse, or to be given away to family and friends!